**Tip of the Week**

“Adult Weight Screening and Follow-up”

**Background**
In order to improve the preventive for our patients, all patients should receive an annual BMI assessment. For those outside the normal BMI parameters, a follow-up plan is documented in the medical record.

**Normal BMI Parameters**
- Age $\geq 65$: BMI $\geq 23$ and $< 30 \text{ kg/m}^2$
- Age 18-64: BMI $\geq 18.5$ and $< 25 \text{ kg/m}^2$

**How Do I Do This?**
- Measure and Document the BMI in the medical record.
- Document any follow-up plan in the medical record (e.g., education, referral to dietician, exercise).

**How Do I Get Credit?**
- CareScreen documentation in the Co-morbid risk prediction/prevention window AND
- Bill using Code G8420 (BMI normal and no f/u required)
- Bill using Code G8417 (BMI above normal and f/u documented)
- Bill using Code G8418 (BMI below normal and f/u documented)