

UMA MSSP ACO (PACS)

Tip of the Week

“Adult Weight Screening and Follow-up”

Background

In order to improve the preventive for our patients, all patients should receive an annual BMI assessment. For those outside the normal BMI parameters, a follow-up plan is documented in the medical record.

Normal BMI Parameters

Age ≥ 65 : BMI ≥ 23 and < 30 kg/m²

Age 18-64: BMI ≥ 18.5 and < 25 kg/m²

How Do I Do This?

Measure and Document the BMI in the medical record

Document any follow-up plan in the medical record (e.g., education, referral to dietician, exercise)

How Do I Get Credit?

CareScreen documentation in the Co-morbid risk prediction/prevention window

AND

Bill using Code G8420 (BMI normal and no f/u required)

Bill using Code G8417 (BMI above normal and f/u documented)

Bill using Code G8418 (BMI below normal and f/u documented)